



# DINING EXPRESS

**Only available pre-show**

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**City Seeds** is a Humanim culinary social enterprise committed to providing quality food and good jobs, while growing Baltimore's local food economy.

## WRAPS

**Camden Curried Chicken** \$9

*Chicken, mayonnaise, curry, cilantro, grapes, celery, lime, turmeric and romaine on a whole wheat wrap.*

**Greenmount Veggie** \$9

*Black beans, corn, quinoa, red pepper hummus, tomato, edamame and romaine on a whole wheat wrap. **Vegan***

**Kale Caesar** \$9

*Grilled chicken, kale, parmesan cheese, creamy Caesar dressing on a whole wheat wrap.*

**Southwest Turkey** \$9

*Roasted turkey breast, chipotle mayonnaise, roasted red peppers, red onion, pepper jack cheese, and romaine.*

## SANDWICHES

**Towson Roast Turkey** \$9

*Turkey, lettuce, dijonaise and pepper jack cheese on a gluten-free kaiser roll. **Gluten Free***

**Black Forest Ham** \$9

*Ham, swiss, romaine and sriracha honey mustard on white bread.*

**City Seeds Caprese** \$9

*Ciabatta, mozzarella, roasted tomatoes, basil, pine nuts, olive oil.*



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## BISTRO BOXES

### **Indian** \$8

*Curry chicken salad, mini naan bites, apples, herbed potato salad, and mango chutney*

## SALADS

### **Southwest Chicken** \$10

*Arcadian greens, grilled chicken, black beans, corn, hot & sweet peppers and tomato with cilantro cajun ranch dressing. **Gluten Free***

### **Artichoke** \$10

*Arcadian greens, asparagus, roasted artichoke hearts, sun dried tomatoes, goat cheese.*

### **Mount Vernon Veggie** \$10

*Kale, carrot, tomato, red onion, cucumber, radish and edamame with white zinfadel vinaigrette. **Vegan/Gluten Free***

### **Broadway Chicken Caesar** \$10

*Romaine, grilled chicken, shredded parmesan, crouton, grape tomato, creamy Caesar.*